

To Be Effective from 11/6/2026



S. S. AGRAWAL INSTITUTE OF AYURVEDA, NAVSARI
I - PROFESSIONAL B.A.M.S. (BATCH 2025-26)

ACADEMIC SCHEDULE

Day	8.45 am to 9.00 am	9.00 to 10.00 AM	10.00 to 11.00	11.00 to 1.00 pm		1.00 to 1.45 PM	1.45 pm to 2.10 pm	2.10 to 3.10 pm		3.10 to 4.10 pm			
Mon	Samhita Pathan	<i>Rachana Sharir</i> (L) Dr. Pankaj Musale (Prof)	<i>Sanskrit & A. Itihas</i> (L) Dr. Swati Jain (Assi)	PRACTICAL		LUNCH BREAK	Library (Books Exchange)	<i>Kriya Sharir</i> (L) Dr. Swati Thakkar (Prof) / Dr. Vaibhav Jha (Assi)		<i>Padartha Vijnanam</i> (L) Dr. Saniya Gosavi (Assi)			
Tue		<i>Samhita Adhyayan</i> (NL) Dr. Saniya Gosavi (Assi)	<i>Sanskrit & A. Itihas</i> (NL) Dr. Swati Jain (Assi)	PRACTICAL				<i>Samhita Adhyayan</i> (NL) Dr. Shruti Joshi (Prof)		<i>Kriya Sharir</i> (L) Dr. Swati Thakkar (Prof)/ Dr. Vaibhav Jha (Assi)			
Wed		<i>Samhita Adhyayan</i> (NL) Dr. Shruti Joshi (Prof)	<i>Sanskrit & A. Itihas</i> (NL) Dr. Swati Jain (Assi)	PRACTICAL				<i>Kriya Sharir</i> (NL) Dr. Krupal Vartak (Assi)/ Dr. Saranya Raj (Asso)		<i>Samhita Adhyayan</i> (L) Dr. Saniya Gosavi (Assi)			
Thu		<i>Padartha Vijnanam</i> (NL) Dr. Jayant Ingle (Prof)	<i>Sanskrit & A. Itihas</i> (NL) Dr. Swati Jain (Assi)	PRACTICAL				<i>Padartha Vijnanam</i> (L) Dr. Shruti Joshi (Prof)/ Dr. Saniya Gosavi (Assi)		<i>Rachana Sharir</i> (NL) Dr. Archana Patel (Asso)			
Fri		<i>Samhita Adhyayan</i> (NL) Dr. Saniya Gosavi (Assi)	<i>Kriya Sharir</i> (L) Dr. Krupal Vartak (Assi)	<i>Rachana Sharir</i> (NL) Dr. Pankaj Musale (Prof)	<i>Padartha Vijnanam</i> (NL) Dr. Saniya Gosavi (Assi) / Dr. Jayant Ingle (Prof)			Recreation/SDL/Seminar/NL 1 st Friday -: Samhita Adhyayan (NL)- Dr. Saniya Gosavi 2 nd Friday -: SDL/Seminar 3 rd Friday -: Samhita Adhyayan (NL)- Dr. Saniya Gosavi 4 th & 5 th Friday -: Recreation					
Sat		<i>Rachana Sharir</i> (L) Dr. Dhara Patel (Assi)	<i>Rachana Sharir</i> (L) Dr. Archana Patel (Asso)	<i>Samhita Adhyayan</i> (L) Dr. Saniya Gosavi (Assi)	<i>Sanskrit & A. Itihas</i> (L) Dr. Pritesh Shukla (Prof)			Physical Education		Library			

PRINCIPAL

S. S. Agrawal Institute of Ayurveda
Navsari.



14 months proposed layout of lectures and practical for NCISM batch 1st BAMS- 2025-26

Subject Name	Allotted Teaching hours	Actual Teaching hours	Total
Sanskrit & Ayu. Itihas	300 (100 LH & 200 NLH)	2 Lecture per week Total: - $8 \times 14 = 112 + 8 = 120$ 3 Non Lecture Per week :- $12 \times 14 = 168 + 12 = 180$	= 300
Rachana Sharir	500 (180 LH & 320 NLH)	3 Lecture Per week: - $12 \times 14 = 168 + 12 = 180$ 2 Non Lecture per week Total: - $8 \times 14 = 112 + 8 = 120$ 2 hrs./Day Practical Total :- $16 \times 14 = 224 + 16 = 240$	= 540
Kriya Sharir	400 (150 LH & 250 NLH)	3 Lecture Per week: - $12 \times 14 = 168 + 12 = 180$ 1 Non Lecture per week Total: - $4 \times 14 = 56 + 4 = 60$ 2 hrs./Day Practical Total :- $16 \times 14 = 224 + 16 = 240$	= 480
Padartha Vijnanam	230 (90 LH & 140 NLH)	2 Lecture per week Total: - $8 \times 14 = 112 + 8 = 120$ 2 Non Lecture per week Total :- $8 \times 14 = 112 + 8 = 120$	= 240
Samhita Adhyayan -1	400 (140 LH & 260 NLH)	2 Lecture per week Total: - $8 \times 14 = 112 + 8 = 120$ 4 Non Lecture Per week: - $16 \times 14 = 224 + 16 = 240$ 4 hrs. /Month Friday :- $4 \times 14 = 56$	= 416


Principal
S. S. Agrawal Institute of Ayurveda
Navsari.