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| FOUNDATION PROGRAMME  |
|  FIRST YEAR BHMS (2022-2023) As per new Curriculum of NCH  |
| Serial Number | Topic | Type of activity | Duration hours | Name of faculty | Date of lecture  | Time of lecture |
| 1 | Welcome and Introduction to Vision/ Mission of the Institute | Lecture | 2 | Induction program ( 8/2/2023) |
| 2 | Mission and role of Homoeopathy and a Homoeopath in society including showcasing effects of Homoeopathy | Interactive discussion | 3 | Dr Nitin vashi  | 9 /2/2023  | 10 to 1  |
| 3 | BHMS Course of study and introducing to first year faculty | Presentation | 2 | Induction program (8/2/2023) |
| 4 | Visit to institution / campus / facilities | Walking tour | 2 | Dr. Nikita | 10/2/2023 | 2 pm onwards |
| 5 | Concept of Holistic and Positive health | Interactive discussion | 2 | Dr Nirali | 11/2/23  | 10 to 12 |
| 6 | History of Medicine and Homoeopathy and state of Homoeopathy in the world | Presentation | 2 | Dr. Vivek | 10/2/2023 | 11 to 1 |
| 7 | Adult learning principles | Interactive discussion | 2 | Dr Akshay | 13/2/23 |  11 to 1  |
| 8 | Health care system and delivery | Visit to PHC/ Urban Health Centre and interaction with staff | 4 | Dr Nirali | 1 /4/23 | 10 to 1 |
| 9 | Different health care systems recognized in the country and the concept of pluralistic health care systems | Presentation | 1 | Dr Divya | 11/2/23 | 9 to 10  |
| 10 | Primary community care | Interaction | 2 | Dr Nirali | 16/2/2023 | 9 to 11 |
| 11 | Basic life support | Demonstration video and practice | 4 | Dr Janmesh | 15/2/202320/2/2023 | 2 to 4 |
| 12 | Communication – its nature and importance in different social and professional settings | Practical with scenarios and enactment with observation | 4 | Dr Falguni | 17/2/2023, 21/2/2023 | 9 to 1111 to 1  |
| 13 | Medical ethics – role in enhancing patient care | Role play | 2 | Dr Roni | 17/2/2023 | 11 to 1 |
| 14 | Who is professional? | Debate between two sides on a topic | 2 | Dr Sham sachinwala sir /Mr Parag sir  | 13/2/2023 | 9 to 11  |
| 15 | Time management | Practical exercise | 3 | Dr Sham Sachinwala sir  | 22/2/2023 | 2 to 4 |
| 16 | First aid – principles and techniques | Demonstration and presentation | 2 | Dr Vivek | 17/2/2023 | 2 to 4 |
| 17 | National health priorities and policies | Presentation | 1 | Dr Monika | 11/2/2023 | 12 to 1 |
| 18 | Importance of Mental Health and Hygiene to a medical student in the medical profession | Practical demonstration / video | 4 | Dr Roni | 20/2/2023 | 9 to 11 |
| Stress management including importance of sports and extracurricular activities | Dr Nikita  | 21/2/2023 | 9 to 11 |
| 19 | Concept and practice of mentoring | Interactive discussion | 4 | Dr Goyal Sir | 22/2/2023, 23/2/2023 | 11 to 1 |
| 20 | Constitutional values, equality, gender sensitization and ragging policy | Presentation and Interactive discussion | 3 | Dr Bhoomi | 15/2/202316/2/2023 | 11 to 111 to 12  |
| 21 | Universal precautions and vaccinations | Presentation followed by discussion | 1 | Dr Aishwarya | 15/2/2023 |  10 to 11  |
| 22 | Importance of Observation and Documentation in Homoeopathic practice | Practice exercise through video observation | 4 | Dr Shruti | 16/2/2023,  | 11 to 1 |
| 20/2/2023 | 9 to 11 |
| 23 | Team working | Game and debriefing | 2 | Dr Shruti | 21/2/2023 | 2 to 4 |
| 24 | Patient safety and biomedical hazards | Video and presentation | 1 | Dr Toral | 16/2/2023 | 9 to 10 |
| 25 | Computer skills | Demonstration and practice of basic use of word, Excel and PPT | 2 | Vatsal sir- Eng. | 13/2/2023  | 2 to 4 |
| 26 | Language skills | Language labs | 2 | Samir sir-SSA | 21/2/2023 | 2 to 4 |
|  | TOTAL |  | 63 |  |  |  |