

# Dr. Jagruti Patel

Assistant Professor

S.S. Agrawal institute of physiotherapy & medical care education, Navsari.

Qualification: MPT (Neuromuscular physiotherapy)

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## CURRENT ACADEMIC ROLE & RESPONSIBILITIES

Jagruti Patel is Assistant Professor in the Department of Physiotherapy at SSAIP, Navsari.

She is involved in:

- Teaching undergraduate students and post graduate students.
- Coordinator for 1<sup>st</sup> year B.P.T
- Out patient and In patient clinical care in Neurological rehabilitation department
- Guide for under graduate and post graduate dissertations
- Academic and Clinical Administration

### • SUBJECTS CURRENTLY TEACHING

<b>Subjects</b>	<b>Year</b>
Physiology	I year BPT
Exercise-Therapy II	II year BPT
PT GMGS	III year BPT
Neuromuscular Physiotherapy	IV year BPT

## ACADEMIC QUALIFICATIONS

<b>Degree</b>	<b>Specialisation</b>	<b>Institute</b>	<b>Year of passing</b>
Master of Physiotherapy (MPT)	Neuromuscular Disorder	Government Physiotherapy collage- Baroda (M.S University)	2014
Bachelor of Physiotherapy (BPT)	Physiotherapy	Government Physiotherapy collage- Baroda (M.S University)	2011
<b>47<sup>th</sup></b> Yoga certificate course(Y.C.C)  <b>22<sup>th</sup></b> Yoga teacher training course(Y.T.T.C) from Sir Sayajirao institute of research in yoga, Ayurveda, naturopathy, music and allied sciences.			

## EXPERIENCE

<b>Institution/ Organization</b>	<b>Designation</b>	<b>Role</b>	<b>Tenure</b>
SRVC Dharampur	Clinical Therapist	Clinical management	1 <sup>st</sup> May 2011 to 30 <sup>th</sup> september 2012
SRS Collage of Physiotherapy-kadi	Assistant Professor	Teaching , Clinical management, Research	1st July 2015 to 15 <sup>th</sup> October 2016
S.S.Agrawal Institution of Physiotehrapy & Medical Care Education	Assistant Professor	Teaching , Clinical management, Research	1 <sup>6th</sup> October , 2016 to till date.

## AREAS OF INTEREST, EXPERTISE AND RESEARCH

### Area of Interest

Neuromuscular Physiotherapy, Neural plasticity, Women's Health, Pelvic Floor  
Rehabilitation, Research & statistics

## Area of Expertise

Neuromuscular Physiotherapy

## Professional Affiliations & Contributions

- Registered Physiotherapist of Gujarat state council.
- Registered Member of Indian association of physiotherapy.
- Inspector at Gujrat State Council Of Physiotherapy for Valsad and Navsari District

## PUBLICATIONS

- To study the effect of positional stretch on mobility assessed by Time up and Go Test among Post-stroke patients.(published in *International journal of Ayurveda and pharma research* 2016; 4(9): 1-7)
- Effect of 4 weeks balance training program in healthy young adults: A randomized clinical trial (published in *Indian journal of physical therapy & occupational therapy*-volume 14, no.2, 2020)